

Late Bloomers



VOLUME 12 ISSUE 3 -MARCH 2010

Edna Burton Senior Center: located at the corner of Ball and Cedar Streets
345 Ball Street, P.O. Box 929, Ortonville, MI 48462
Phone 248.627.6447 Fax 248.627.1067

Senior Center Coordinator - Annette Beach, abeach@brandontownship.us
Editor-in-Chief and Publisher - Jeannie McCreery, jmccreery@brandontownship.us
Editor and Compiler - Sheila Kay Passatta, newsletter only, skpassatta@gmail.com

**St. Patrick's Day
March 17**



**First Day of Spring
March 20**

~~~~~ **On March 14<sup>th</sup> at 2:00 AM clocks spring ahead an hour** ~~~~~

## Computer Q & A Session

Jim McConchie, our EBSC computer assistant will be offering a question and answer session about computers. If you have a problem or just want to better understand how your computer works, join the Computer Q & A Session on Friday, March 5<sup>th</sup> at 1:00 PM.



## EBSC Craft and Bake Sale

On Saturday, March 13<sup>th</sup>, there will be a Craft and Bake Sale fundraiser from 9:00 AM to 4:00 PM at the EBSC. Tables are available for rental. For more information or to reserve a table, please call Annette at 248.627.6447.



## Tax Assistance



A professional tax consultant will come to the EBSC to help seniors

with their income taxes on Friday, March 12<sup>th</sup> from 9:00 AM to 2:00 PM. If interested, please register for an appointment on the program board at the EBSC or call 248.627.6447.

## EBSC Craft Night

There will be a craft night on Tuesday, March 2<sup>nd</sup> at 4:30 PM. We will work on making crafts to sell at the Craft and Bake Sale which is on March 13<sup>th</sup>. The proceeds from our Craft and Bake Sale will go toward building the bocce court and toward new computers. For more information please call 248.627.6447.

## CORA – Arthritis Program

The CORA Rehabilitation Clinic in Ortonville will present a program on how to cope with arthritis through using exercises on Thursday, March 18<sup>th</sup> from 1:00 to 2:00 PM. Please register so that the representatives from CORA will know how many to expect. Sign up on the Program Board at the EBSC or call Annette at 248.627.6447.



## Usborne Books Book Fair Fundraiser at the Edna Burton Senior Center

The Edna Burton Senior Center is hosting a book fair in collaboration with Usborne Books! Our Usborne Books consultant, Theresa Stothers, will be at the EBSC on Monday, March 22<sup>nd</sup> from 8:00 AM to 7:00 PM and on Tuesday, March 23<sup>rd</sup> from 8:00 AM to 4:00 PM. You may purchase books to take home on those days or order online at the e-fair [www.michiganusborne.com](http://www.michiganusborne.com). The senior center will profit from the sales and what is made will go toward the bocce court and new computers.

## Spring Cleaning Fever at the EBSC

On Saturday, March 27<sup>th</sup> join us from 10:00 AM to 4:00 PM as we pitch in to spring clean the Edna Burton Senior Center. Enjoy happy times while we make the senior center a cleaner, more comfortable place to visit.

## New Advanced Chair Exercises Class

A new exercise class has been added to the EBSC programs. It is called the Advanced Chair Exercises and is held on Mondays, Wednesdays and Fridays at 9:00 AM sharp. It consists of 51 minutes of stretching, chair aerobics, free weights, and balance and coordination exercises. These exercises are more direct than the basic exercises and the exercise period is longer. They have been designed to help seniors develop strength and improve their ability to function in daily life. Both of these classes, the Basic Chair Exercises and the Advanced Chair Exercises, feature exercises that are gentle with zero impact.

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### Time Change for Basic Chair Exercises Class

There has been a time change for the Basic Chair Exercises class on Mondays, Wednesdays and Fridays from 10:00 to 10:30 AM to enable seniors coming by the senior van to arrive for the beginning of the class.



### EBSC Seniors Display Their Acrylic Paintings

On Monday, March 15<sup>th</sup>, the students who have participated in Steve Wood's acrylic painting class will be displaying their past paintings done in his class at the EBSC. They will be displayed between 1:00 and 3:00 PM. Please come and see this artwork painted by your friends.

### AARP Tax-Aide

AARP Tax-Aide is the nation's largest free, volunteer-run tax assistance and preparation service available to taxpayers with low- and moderate-income, with special attention to those age 60 and older. For tax help visit their website at <http://www.aarp.org/money/taxaide/>.



### Rockin' & Rakin' Yard Clean-Up Program

Brandon Township Clerk Jeannie McCreery will be holding the Rockin' & Rakin' yard clean-up program on Saturday, April 24<sup>th</sup>. Please sign up at the Edna Burton Senior Center or call 248.627.6447 with your information. Please call weekdays between the hours of 8:30 AM to 3:30 PM. In order to receive this free service, you must be on the sign up sheet with your full name, address and the type of work you need done.

The Brandon Senior Auxiliary Board plans to promote the yard clean-up program by holding a fundraiser at Bueche's Food World on Saturday, April 3<sup>rd</sup> from 9:00 AM to 4:00 PM. The money collected will help to cover lunch for the volunteers, supplies and other expenses incurred at the yard clean-up.

### A Bocce Court At Last - And Then...

Work on the new EBSC bocce court will begin this spring as soon as the weather becomes warmer and drier. When the bocce court is finished and all paid, the next fundraiser will be for new computers for the computer room. The ones that are there are quite old and ready to be recycled. Soon, they will not work with newer Internet technology.



### Help! Help!

Please consider volunteering at the senior center; teach a class, deliver hot meals, create a club, provide transportation for seniors at afternoon and weekend events. There's a whole host of things you can do. We no longer have a janitor due to budget cuts. This is a golden opportunity for someone to help on a weekly basis to keep our senior center spic-and-span. To help, please call Annette at 248.627.6447.

### Winter Protection Help for Michigan Seniors

If you are a senior and you receive a shut-off notice during the period from December 1, 2009 through March 31, 2010, contact your local utility company. All Michigan seniors, regardless of income, are protected by the Michigan Public Service Commission's "Winter Protection Plan" rules.

The Winter Protection Plan prevents utility shut-offs during the winter heating season from December 1<sup>st</sup> through March 31<sup>st</sup> for all utility companies which are regulated by the Michigan Public Service Commission.

**See page 10 for the website.**

## Disability.gov

The U.S. Department of Labor launched Disability.gov, a redesigned federal website that connects the more than 50 million Americans with disabilities to thousands of trusted resources on disability-related issues, programs and services. It has new social media tools, such as a blog and a Twitter feed, to encourage feedback and interaction among visitors. Disability.gov is for Americans with disabilities and also for parents of children with disabilities, employers, workforce and human resource professionals, veterans, educators, caregivers and many others.

Formerly known as DisabilityInfo.gov, the new Disability.gov website features comprehensive information from 22 federal agencies, as well as educational institutions, non-profit organizations and state and local governments. Topics covered on the site include: benefits; civil rights; community life; education; emergency preparedness; employment; health; housing; technology; and transportation. Visit the website at [www.disability.gov](http://www.disability.gov).

### Edna Burton Senior Center Programs for March 2010

**Phone: 248.627.6447 Email: [abeach@brandontownship.us](mailto:abeach@brandontownship.us)**

**Programs below are open to the public. All ages are welcome.**

**Note: Please be sure to register where requested for any programs you wish to attend. If no one signs up for a program, it will be canceled. To register, please sign up on the poster at the EBSC or call 248.627.6447.**

**Craft Night** – Join the fun. Create beautiful crafts for the Craft and Bake Sale. Come to the EBSC on Tuesday, March 2<sup>nd</sup> at 4:30 PM.

**Computer Q & A Session** – If you have a problem or just want to better understand how your computer works, then join the Computer Q & A Session on Friday, March 5<sup>th</sup> at 1:00 PM.

**Movie of the Month** – Join us at the EBSC at 10:00 AM on Thursday, March 11<sup>th</sup> for a free viewing of a movie. This month's movie is entitled "Night at the Museum" with Ben Stiller as Larry Daley the unfortunate night watchman who encounters living and breathing museum exhibits.

**Tax Assistance** – A professional tax consultant will be at the EBSC to help seniors with their income taxes on Friday, March 12<sup>th</sup> from 9:00 AM to 2:00 PM. **Please register for an appointment.**

**Craft and Bake Sale** – Join us on Saturday, March 13<sup>th</sup> from 9:00 AM to 4:00 PM to find that perfect gift for someone or a just right decoration for yourself. Enjoy delicious baked goods.

**Acrylic Painting** – "What's Left of the Nelson's Place" will be the theme of the acrylic painting that artist Steve Wood will teach on Monday, March 15<sup>th</sup>. The class meets from 1:00 – 3:00 PM at the EBSC. The cost is \$20.00, which includes all supplies. Bring some paper towels, a plastic plate to mix the paint and a water container to wash your brush. **Please register.** Also on March 15<sup>th</sup>, students' paintings will be on display.

**CORA Arthritis Exercises** – On Thursday, March 18<sup>th</sup> from 1:00 to 2:00 PM, CORA Rehabilitation Clinic in Ortonville will provide information on how to cope with arthritis through using exercises. **Please register.**

**Usborne Books Book Fair** – Monday, March 22<sup>nd</sup> from 8:00 AM to 7:00 PM and Tuesday, March 23<sup>rd</sup> from 8:00 AM to 4:00 PM. You may purchase books to take home on those days or order online at the e-fair [www.michiganusborne.com](http://www.michiganusborne.com). Part of the profits from the sale of books will help build the EBSC bocce court.

**Spring Cleaning Fever** – Please sign up to clean the EBSC on Saturday, March 27<sup>th</sup> from 10:00 AM to 4:00 PM.

**Advanced Chair Exercises** – This new class is held on Mondays, Wednesdays and Fridays at 9:00 AM sharp. It consists of stretching, chair aerobics, free weights and balance and coordination exercises with zero impact.

### Future Programs

**Movie of the Month** – Join us at the EBSC at 10:00 AM on Thursday, April 1<sup>st</sup> for a free viewing of a new release movie. This month's movie is entitled "Night at the Museum 2: Battle of the Smithsonian" starring Ben Stiller returning as Larry Daley in the sequel to "Night at the Museum."

**Visiting Eye Doctor** – Eye Travel uses portable medical equipment to give each patient a thorough eye exam. When needed, the doctor will write an eyeglass prescription. Most major insurances are accepted. The doctor will be at the EBSC on Tuesday, April 6<sup>th</sup> beginning at 10:00 AM. Bring your insurance cards, old eyeglasses, eye drops and/or a list of medications if it's your first visit. **Please register for an appointment.**

**EBSC Garage Sale** – On Saturday, April 10<sup>th</sup> from 9:00 AM to 4:00 PM, explore the many items new and used to find treasures to buy at bargain prices. Table rentals cost \$12.00 for a 6 foot table or \$15.00 for an 8 foot table.

**Popcorn and “Penny” Candy Days** – The EBSC will have special treats straight from your childhood on designated days. Purchase popcorn or “penny” candy or both. Fifty cents will buy either a 9 ounce cup of popcorn or a handful (9 pieces) of “penny” candy. Money from sales will go toward our senior van transportation program.

**Acrylic Painting** – “Big Sky Colorado” will be the theme of the acrylic painting that artist Steve Wood will teach on Monday, April 19<sup>th</sup>. The class meets from 1:00 – 3:00 PM at the EBSC. The cost is \$20.00, which includes all supplies. Bring some paper towels, a plastic plate to mix the paint and a water container to wash your brush.

**Please register.**

**Visiting Podiatrist** – Dr Tabak of Oxford will treat foot problems such as nail care, trimming, treatment of ingrown nails, calluses, corns, etc. Most treatments are covered by Medicare and BC/BS or AARP. The doctor will be available at the EBSC on Tuesday, April 20<sup>th</sup> beginning at 9:30 AM. Bring your insurance cards and a list of medications if it’s your first visit. **Please register for an appointment.**

**Crittenton Hearing Services** – Crittenton Hearing Services will be at the EBSC on Thursday, April 29<sup>th</sup>. They will do hearing screening, clean hearing aids, change batteries, etc. This free service begins at 10:00 AM. **Please register for an appointment.**

**Seniors’ Classic Movie Choice** – Join us at the EBSC at 10:00 AM on Thursday, April 30<sup>th</sup> for a free viewing of a classic movie. April’s movie is entitled “The Maltese Falcon” with Humphrey Bogart as private detective Sam Spade. Sam Spade takes on a case that involves him with three eccentric criminals, a beautiful liar, and their quest for a priceless statuette. We will have a Popcorn and “Penny” Candy Day.

### Faye’s Trips

**Saganing Eagles Landing Casino** – Tuesday, March 9<sup>th</sup> - \$25.00 per person. The bus leaves the EBSC at 8:30 AM and returns at around 5:30 PM. There must be 40 people. Money and reservations were due by February 15<sup>th</sup>. There will be no cancellations or refunds after that date. Participants will receive \$20.00 from the casino.

**If you have any suggestions for future trips, please leave a message for me at the EBSC at 248.627.6447.**

**Coordinator’s Corner**  
by Annette Beach

Our Craft and Bake Sale will be held on Saturday, March 13<sup>th</sup> from 9:00 AM to 4:00 PM. Please plan to come to our Craft Night on Tuesday, March 2<sup>nd</sup> to create beautiful crafts for the sale. Our fundraisers help to build the bocce court and to buy new computers. Corky Loftus and Susan Nassar won lap blankets.

**Commodities:**  
Tuesday,  
March 9<sup>th</sup>

**Focus Hope:**  
Thursday,  
March 11<sup>th</sup>

### March Shopping Trip

We will go to the Walmart store on Monday, March 8<sup>th</sup>.  
The van leaves the EBSC at 9:00 AM.



### Thank You for Your Donations

Corky Loftus, Pat Lee, Mary Ann Fry and anonymous donated cat food  
Aleda Slade donated cash in memory of Millie McArthur  
Bill Honaker donated coffee and a sweet smile



### Healing Thoughts

Sandy Willett  
Annette Beach

### March Birthdays

Ron Lane, Helen Marshall, Janet Clair,  
Marge Keller, Norma Clore, Barb Berry,  
Sandy Willett, Wanda Reuvers,  
Grace Brown, Arnold Smith



### Donation Wish List

#### For the Center:

|                      |                           |             |
|----------------------|---------------------------|-------------|
| Craft Items          | Display Cases             | Glue Sticks |
| Artificial Sweetener | Coffee and Creamer        |             |
| Cat food for Peggy   | Card Stock with Envelopes |             |

#### Computer Program:

Cash donations needed to refurbish and upgrade computers  
PC RAM and hard drives needed

**The safest way to double your money is to fold it over once  
and put it in your pocket. — Kin Hubbard**

### Chuckles

#### It's Too Late

"Why don't you give up the drinking, smoking and carousing?" said Pat. "It's too late," replied Mike. "It's never too late," assured Pat. "Well, there's no rush then," smiled Mike.



#### Thinking on the Job

O'Hanrihan was hired to work in a storeroom and the first assignment he was given was to put THIS END UP labels on a few hundred crates. "Have you managed to do it?" the foreman asked him a little later. "Yes," said O'Hanrihan, "and in case they couldn't be seen on the top, I've put them on the bottom as well."

### Kitchen Corner



### Dinner Possible Slow Cooker Chili

#### Ingredients

|                                 |                                         |
|---------------------------------|-----------------------------------------|
| 10 1-cup servings               | 1 15-ounce light red kidney beans       |
| 1 pound ground beef             | 1 chopped onion (or ¼ cup dried onions) |
| 2 15-ounce cans stewed tomatoes | 2 teaspoons chili powder                |
| 1 15-ounce can chili beans      | 1 tablespoon sugar                      |

**Slow cooker chili directions:** Brown, drain, and rinse ground beef. Put all ingredients in the slow cooker. Cook on high for 4 hours or on low for 8 to 10 hours. Refrigerate leftovers in covered container.

— <http://www.extension.iastate.edu/Publications/N3457.pdf>

### Safe Food Handling Reminders

- ◆ Keep counters, dishes, and hands clean.
- ◆ Use paper towels or replace hand towels frequently.
- ◆ Thaw foods in the refrigerator—not at room temperature.
- ◆ After handling raw meat or poultry, wash hands and all utensils in hot soapy water.
- ◆ Cook meats and poultry to the proper internal temperatures.
- ◆ Cool foods quickly. Do not hold foods at room temperature.

— <http://www.extension.iastate.edu/Publications/N3457.pdf>

### Arthritis Exercises Recommended by Mayo Clinic



Range-of-motion exercises are recommended by Mayo Clinic to help arthritis sufferers. These exercises are best done daily or at least every other day, to relieve stiffness and increase your ability to move your joints through their full range of motion. These arthritis exercises involve moving your joints through their normal range of movement, such as, raising your arms over your head or rolling your shoulders forward and backward.

Strengthening exercises are best done every other day as an arthritis exercise. This should include limited weight training to help you build strong muscles that will help support and protect your joints.

Aerobic exercise comprising 20 to 30 minutes three times a week will help with your overall fitness and can improve your cardiovascular health, help control your weight and provide you with more stamina. Choose aerobic arthritis exercises that are easier on your joints such as walking, riding a bike and swimming.

Other arthritis exercise activities that will help include yoga and tai chi. Remember, however, with all arthritis exercise, start slowly to ease your joints into exercise if you haven't been active for awhile, because you can overwork your muscles and this will aggravate joint pain. Don't overdo it. Take a break if you notice any pain stronger than your usual pain. And apply a cold pack to your joints for 10 to 15 minutes after exercising to reduce swelling or pain. Talk to your doctor if unusually severe arthritis exercise pain persists.

— <http://www.arthritis-painselfhelp.com/arthritis-exercise.php>



**Irish Wisdom: Knowledge is knowing that a tomato is a fruit.  
Good judgment is not putting it in a fruit salad.**



### Handy Hints for Seniors

**Keep valuables out of sight** - If you display large amounts of money or objects that may be valuable, you're setting yourself up for becoming a target. Don't pull out large sums of money in crowds, and avoid wearing jewelry or other objects that portray wealth. — [http://www.ehow.com/how\\_2293030\\_prevent-getting-mugged.html](http://www.ehow.com/how_2293030_prevent-getting-mugged.html)

**On the Road To Recovery** - When recovering from surgery or an illness, your doctor may advise you to move around to increase circulation. Good circulation is paramount to good healing. However, you may not feel energetic enough to move as much as you should. Stretching also improves circulation. Always with the prior consent of your doctor or physical therapist, try this: periodically stretch whatever part of your body that you can comfortably stretch. When you stretch, hold each position for a slow count of ten. Stretch your fingers wide, then your toes. Stretch your arms wide, then your legs. Stretch any and every way you can think of to stretch but always in slow motion. Stretch even your head backwards, forwards and sideways; your eyes up, down and sideways. After stretching for a few minutes, you will experience a feeling of energy and wellbeing.

### Computer Corner



### Useful Websites

Find software alternatives to more expensive programs such as to what Microsoft offers: <http://AlternativeTo.net> Alternatives are listed by popularity and with a link to the download site. However, **READ CAREFULLY BEFORE DOWNLOADING ANY SOFTWARE!**

When you donate an old computer or simply want to delete personal information, here are some websites to try. For PCs, there is File shredder at [www.fileshredder.org](http://www.fileshredder.org) or KillDisk at [www.killdisk.com](http://www.killdisk.com). Both programs are free and can permanently remove files. For a Mac, put the files in the Trash and select "Secure Empty Trash" from the Finder menu.

**A computer program will always do what you tell it to, and seldom what you want it to.**

### Download: The True Story of the Internet

This documentary is about a revolution -- the technological, cultural, commercial and social revolution that has radically changed our lives. In ten short years, the Internet took over our lives. These extraordinary men and women of the Internet tell us how they went from being geeky, computer-obsessed nerds to being 21<sup>st</sup>-century visionaries in the time it takes most people to get their first promotion.

Download is hosted by technology journalist John Heileman. He's an edgy, combative, high-energy New Yorker who never takes anything at face value. He's also a personal friend of most of Silicon Valley's most important characters and he revels in the craziness of it all. After all, this is a story in which 20-year-olds become overnight billionaires, create, destroy and re-create more wealth in ten years than the human race has ever seen, and still struggle to get a date.

Be sure to catch Download, the first of four parts, premiering Monday, March 3<sup>rd</sup> at 8:00 PM on the Science Channel. After watching, you will never surf the net in the same way again. (Newsletter editor's note: You may want to record this for later viewing. John Heileman has a rapid-fire delivery that requires close concentration to his narrative.) — condensed from wording at <http://science.discovery.com/tv/download/about/about.html>

### Why Buy Local?

Most produce in the US is picked 4 to 7 days before being placed on supermarket shelves, and is shipped for an average of 1,500 miles before being sold. And this is when taking into account only US grown products! Those distances are substantially longer when we take into consideration the produce that is imported from Mexico, Asia, Canada, South America, and other places.

A typical carrot has to travel 1,838 miles to reach your dinner table.

— <http://www.localharvest.org/buylocal.jsp>



### **Detroit Tigers Opening Day for 2010 Will Be on April 5th**

There is no sports event like the Opening Day of baseball, the sense of beating back the forces of darkness and the National Football League. — George Vecsey, a sports columnist for The New York Times and a non-fiction sports author.

**A good laugh and a long sleep are the best cures in the doctor's book.** — Irish Proverb



### **Garden Haven**

**All through the long winter, I dream of my garden. On the first day of spring, I dig my fingers deep into the soft earth. I can feel its energy, and my spirits soar.**

— Helen Hayes

**A hundred years ago ninety five percent of the taxes we have now did not exist.**

If you have a memory to share, please leave it for me, Sheila Kay Passatta, in my box at the EBSC or email it to [skpassatta@gmail.com](mailto:skpassatta@gmail.com). As Bob Hope used to say at the end of each of his programs, "Thanks for the memories!"



### **Memories – By Bud Johnson Cap Pistols**

The excitement grew as our mother handed me and my twin brother, Bob, our gifts. They were beautifully wrapped, much too nicely for eight-year-old boys who only thought of the gift inside. "Mom," my brother asked, "Can we open them now?" I echoed the request, "Please, Mom, can we?" Of course, she granted permission. Quickly we tossed the bows and wrapping paper to the floor revealing our gifts. "A cap pistol!" I hollered. "Wow!" my brother said, "Mine's just like yours." As we inspected our pistols we found that they had two barrels and two hammers for the placement of caps. They glimmered with chrome and red lettering. We agreed, they were simply the most beautiful cap pistols ever. "Caps?" questioned my brother, "Where are the caps, Ma?" She, pointing to the floor, said, "Among the bows and wrapping paper that you so hurriedly discarded." We found the caps and we loaded our pistols. The pop, pop, pop of our blazing guns was deafening. The smoke from the caps filled the room. Our mother was forced to yell at us, "Boys, please take your cap pistols outside."

Sitting on the porch admiring our two-barreled pistols and counting our arsenal of caps, we were sure that we had more fire power than any other boys in the neighborhood. "Bud?" "Yes." "Do you want to play cops and robbers?" "Well, yes, but I think we should go to Darell's house to play." Bob, not wanting to be the one to ask, "Since it's your idea, you ask Ma." After taking some time to build up my courage, I went inside. "Ah, Mom? Will it be OK if we play at Darell's house?" Silence. Nothing. Finally, the answer came. "Yes, but stay away from Lucky's Used Car Lot. I want you to go straight to Darell's house." I replied with an excited, "Thanks, Mom, we will." Jumping off the porch, arsenal in hand, Bob and I started for Darell's house. Our mother hollered out the window, "Remember, I do not want any more complaining phone calls from Mr. Lucky! Stay away from his cars."

Walking to Darell's we stopped often, shooting and reloading our weapons. We could hardly wait for the cops and robber games to begin. Soon, Lucky's Used Car Lot was just across the street. Without words (something twins are good at) we agreed to continue on to Darell's house. Suddenly, Bob stopped. Pointing across the street, he questioned, "What is that truck doing in a car lot?" Moments later, two uniformed armed guards appeared. They opened the rear doors of the truck revealing several large canvas bags. One guard with his hand on his revolver walked into Lucky's office carrying one of the bags. "It's a money truck, Bob, we're rich!" Bob, with a shocked look on his face and in a questioning voice, "You're not planning a hold-up, are you?" "Yeah. This is an easy steal," I encouraged. "I'll do the stick-up. You be my look-out. If that guard comes out of that office, blast 'em with both barrels. Remember, there's a lot of loot to be shared."

While we crossed the street, I said, "OK, Bob, this is it. Fun time! Are you ready?" "Yes, I think so." "Where is your gun?" "Gun?" "Yeah. Your gun. Where is it?" "I don't know. Ah. Here it is." "Good." "Ah, Bud?" "Yes?" "These are real cops with real guns." "I know, but we will take them by surprise."

Bob, looking very troubled, reluctantly took up a position near the office. Hiding behind a red car, he gave me his "all set" signal. With both barrels of my pistol loaded. I made my move. Undetected, I moved from car to car. Sneaking a look through the car window, I knew I was close enough to make the big heist. How clever I am, I thought.

Exploding from my hiding place, with an upward and forward motion, I jammed my gun into his back. "Stick 'em up," I ordered. "Hand over the money." The guard, gun in hand, reeled. With an animal-like swiftness he pounced on me knocking me to the ground. His gun, shaking in his hand and pointing at my face, only inches away, looked huge! His whole body seemed out of control. His eyes were opened wide. His nostrils flared. His voice trembled as he alternated between animal sounds and swear words. He awkwardly returned his revolver to his holster. Picking me completely off the ground, he began shaking me much like you would shake the dust from a dirty mop!

Fortunately, my look-out had not blasted away the other guard. Instead, knowing that this was a failed robbery and that I was desperate for help, Bob brought the other guard and Mr. Lucky running to my rescue. With their encouragement, the guard released his clutch on me. Shaken, now sitting with his head in his hands, he kept muttering, "I almost squeezed the trigger." He was clearly horrified with the thoughts of what might have been. Of course, our mother received a complaining phone call: "Mrs. Johnson. We are holding your twins. They just attempted a robbery."

In a few minutes, our father arrived. Storming from his car, he charged toward us.

The punishment was severe.

### **Remembering – Mutt and Jeff**

On November 15, 1907, the San Francisco Chronicle's cartoonist Bud Fisher began a comic strip called "Mr. A. Mutt," depicting the adventures of Augustus Mutt, a hapless punter and railbird. The tall, lanky Mutt soon found visual contrast in Jeffries, a runty little wiseguy named for a recent heavyweight boxing champ. Soon retitled "Mutt and Jeff," the comic strip became phenomenally successful, to the point where Bud Fisher owned 50 thoroughbred racehorses and employed a stableful of anonymous "assistants" to write and draw his strip. Hugely popular for decades, the strip is now entirely forgotten except as a piece of American police jargon: when describing two suspects who travel together -- one tall, one short -- the police will refer to them as "a Mutt and Jeff."

— Sources available upon request

**If you want others to be happy, practice compassion.  
If you want to be happy, practice compassion. — Dalai Lama**

### **Leveron® Door Knob Turners**

Convert Door Knobs Into Easy Lever Action - These are ideal for anyone who has arthritis or weak hands, or for someone who simply wants the convenience of a lever door handle (i.e. easier opening with your arms full of grocery bags etc.). Leveron converts almost every existing door knob to lever action. One size fits all. It is easy to install and comes with a unique custom installation wrench (this unique wrench provides added security against theft).

Order number: LWE-103A Price: \$13.95

<http://www.lifewithease.com/plug.html>

800-966-5119

Life with Ease Companies

PO Box 302 , Newbury, NH 03255



### **Late Bloomers Classified Ads**

Deadline for classified ads is the 6<sup>th</sup> of each month for next month's issue. Cost for an ad up to 3 lines long is \$5.00 for each issue, payable in advance. Make checks out to the Brandon Senior Board.

For further information, please contact the Brandon Township Clerk's office at 248.627.2851 or send inquiries to this email address – [jmcreery@brandontownship.us](mailto:jmcreery@brandontownship.us).

# March

Our programming efforts are funded through the Federal Older Americans Act state funds from the Area Agency on Aging 1-B through the Office of Services to the Aging. The Edna Burton Senior Center complies with the terms and regulations of the Title V of the Civil Rights Act of 1964 as amended in Section 504 of the Social Rehabilitation Act of 1973 Equal Opportunity Employer Program. Reasonable accommodation will be provided upon notification or request.

| Monday                                                                                                                                                                              | Tuesday                                                                                                                                                                          | Wednesday                                                                                                             | Thursday                                                                                                                                                                                                                           | Friday                                                                                                                 | Saturday                                                           |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <b>1 Chicken Pastie With Gravy</b><br>9:00 Advanced Chair Ex<br>10:00 Artists Group<br>10:30 Basic Chair Ex<br>1:00 Senior Yoga<br>7:00 Euchre                                      | <b>2 Spaghetti &amp; Meat Sauce</b><br>10:00 Embroidery Group<br>11:30 Sewing Club<br>12:30 – 2:30 Bunco<br>1 – 3 Computer Help<br>4:30 Craft Night                              | <b>3 Turkey ala King</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1 – 3 Bingo<br>3:30 Dulcimer Troupe     | <b>4 Pepper Steak</b><br>9:30 Knit/Crochet Group                                                                                                                                                                                   | <b>5 Tilapia Scampi</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1:00 Computer Q & A                       | <b>6</b><br><br><br><br><br><br><br>7:00 Pinochle                  |
| <b>8 Meat Loaf &amp; Gravy</b><br>9:00 Shopping Trip<br>9:00 Advanced Chair Ex<br>10:00 Artists Group<br>10:30 Basic Chair Ex<br>1:00 Senior Yoga<br>7:00 Euchre                    | <b>9 Sweet &amp; Sour Chicken</b><br>8:30 Saganing Casino Trip<br>10:00 Embroidery Group<br>11:30 Sewing Club<br>12:30 – 2:30 Bunco<br>1 - 3 Computer Help<br><b>Commodities</b> | <b>10 Beef Stew</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1 - 3 Bingo<br>3:30 Dulcimer Troupe          | <b>11 Turkey Breast w/Gravy</b><br>9:30 Knit/Crochet Group<br>10:00 Movie of the Month<br>12:30 Brandon Senior Bd.<br><br><br><b>Focus Hope</b>                                                                                    | <b>12 Mac &amp; Cheese</b><br>9:00 – 2:00 Tax Assistance for Seniors<br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex | <b>13 9 - 4 Craft &amp; Bake Sale</b><br><br><br><br>7:00 Pinochle |
| <b>15 Stuffed Pepper</b><br>9:00 Advanced Chair Ex<br>10:00 Artists Group<br>10:30 Basic Chair Ex<br>1:00 Acrylic Painting and Paintings Display<br>1:00 Senior Yoga<br>7:00 Euchre | <b>16 Pork Chop w/ Sauerkraut</b><br>10:00 Embroidery Group<br>11:30 Sewing Club<br>12:30 – 2:30 Bunco<br>1 - 3 Computer Help                                                    | <b>17 Smothered Chicken</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1 - 3 Bingo<br>3:30 Dulcimer Troupe  | <b>18 Hamburger Stroganoff</b><br>9:30 Knit/Crochet Group<br>1:00 CORA on Arthritis                                                                                                                                                | <b>19 Pollock Almondine</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex                                          | <b>20</b><br><br><br><br><br><br><br>7:00 Pinochle                 |
| <b>22 Chicken Piquet</b><br>8 - 7 Usborne Book Fair<br>9:00 Advanced Chair Ex<br>10:00 Artists Group<br>10:30 Basic Chair Ex<br>1:00 Senior Yoga<br>7:00 Euchre                     | <b>23 Meatballs</b><br>8 - 4 Usborne Book Fair<br>10:00 Embroidery Group<br>11:30 Sewing Group<br>12:30 – 2:30 Bunco<br>1 - 3 Computer Help                                      | <b>24 Chicken 'n Biscuit</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1 - 3 Bingo<br>3:30 Dulcimer Troupe | <b>25 Bratwurst</b><br>9:30 Knit/Crochet Group                                                                                                                                                                                     | <b>26 Vegetable Lasagna</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex                                          | <b>27 10 - 4 Spring Cleaning Fever</b><br><br><br>7:00 Pinochle    |
| <b>29 Chicken Tetrazzini</b><br>9:00 Advanced Chair Ex<br>10:00 Artists Group<br>10:30 Basic Chair Ex<br>1:00 Senior Yoga<br>7:00 Euchre                                            | <b>30 Pizza Supreme</b><br>10:00 Embroidery Group<br>11:30 Sewing Group<br>12:30 – 2:30 Bunco<br>1 - 3 Computer Help                                                             | <b>31 Pork Roast</b><br>9:00 Advanced Chair Ex<br>10:30 Basic Chair Ex<br>1 - 3 Bingo<br>3:30 Dulcimer Troupe         | <b>Guests under 60 must pay \$4.00.</b><br><b>For guests 60 and over a donation of \$3.00 is suggested.</b><br><b>Please call 248.627.6447 two days in advance for a lunch reservation. Lunch is served at 11:45 AM every day.</b> |                                                                                                                        |                                                                    |

# Late Bloomers

Edna Burton Senior Center  
345 Ball Street, P.O. Box 929  
Ortonville, MI 48462  
Phone 248.627.6447 Fax 248.627.1067



**PRESORTED  
STANDARD  
U.S. POSTAGE PAID  
ORTONVILLE  
PERMIT NO. 591185**

|                                                                               |
|-------------------------------------------------------------------------------|
| <b>Center Coordinator: Annette Beach</b><br>abeach@brandontownship.us         |
| <b>Van Drivers: Pat Reed, Janet Clair</b>                                     |
| <b>Township Clerk: Jeannie McCreery</b><br>jmccreery@brandontownship.us       |
| <b>Brandon Senior Center Auxiliary Board</b>                                  |
| <b>Chairperson: Sheila Kay Passatta</b>                                       |
| <b>Co-Chairperson: Rose Marie Paetsch</b>                                     |
| <b>Secretary: Corky Loftus</b>                                                |
| <b>Treasurer: Faye Bindig</b>                                                 |
| <b>Trustees: Katie Hobson, Joyce Atkin,<br/>Alice Noble, Mary Lu Williams</b> |

**The Board meets on the second Thursday of each month at 12:30 PM. Public is welcome.**

| Phone Numbers                                            |                     |
|----------------------------------------------------------|---------------------|
| Social Security                                          | <b>800.772.1213</b> |
| City Nurse, Pontiac/Oakland                              | <b>248.683.1770</b> |
| Legal Aid - Free service for seniors 60+                 | <b>248.569.9658</b> |
| Medicare Hotline                                         | <b>800.365.5899</b> |
| Lighthouse North                                         | <b>248.920.6100</b> |
| Ortonville Community Emergency Fund & Food Pantry (OCEF) | <b>248.627.3965</b> |
| Oakland Livingston Human Service Agency (OLHSA)          | <b>248.209.2600</b> |
| Older Person's Commission (Hot lunch meals delivered)    | <b>248.608.0264</b> |

| Brandon Township Numbers       |                     |
|--------------------------------|---------------------|
| Brandon Fire Department        | <b>248.627.4000</b> |
| Sheriff - Substation           | <b>248.627.4911</b> |
| After 5:00 PM                  | <b>248.858.4911</b> |
| Supervisor Kathy Thurman       | <b>248.627.4918</b> |
| Clerk Jeannie McCreery         | <b>248.627.2851</b> |
| Treasurer Tyrone Beltramo      | <b>248.627.2853</b> |
| Building Tim Palulian          | <b>248.627.4916</b> |
| Recreation Fred Waybrant       | <b>248.627.4640</b> |
| EBSC Coordinator Annette Beach | <b>248.627.6447</b> |
| Library                        | <b>248.627.1460</b> |

Individuals and organizations may make contributions which help ensure continuance of programs and services. Donations should be forwarded to the Brandon Senior Auxiliary Board. The Township of Brandon does not discriminate against any employee, applicant for employment, or recipient of service pursuant to the Federal Civil Rights Act of 1964, the Elliott-Larson Civil Rights Act, the Michigan Handicappers Civil Rights Act and Section 504 of the Federal Rehabilitation Act of 1973.

**Van Transportation** - Call the EBSC two (2) days prior to request transportation. Medical appointments are a priority. \$1.00 donation is suggested for each way.

**Meals on wheels** - If you or someone you know needs a hot lunch delivered to a homebound senior, please contact the Older Person's Commission (OPC) at 248.608.0264.

**Focus Hope** - The Focus Hope Food for Seniors program provides free food to those 60 years of age or older on the second Thursday of each month. Eligibility is determined by income. Please call the Edna Burton Senior Center for an application.

**Commodities** - Food for senior citizens and low income individuals is available the second Tuesday of March, June, September and December. Call the EBSC for more information.

**To be removed from our mailing list call 248.627.6447**

| Government Websites                                                                                                                                                                                  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Brandon Township</b> - <a href="http://www.brandontownship.us/">http://www.brandontownship.us/</a>                                                                                                |
| <b>Groveland Township</b> - <a href="http://www.grovelandtownship.net/">http://www.grovelandtownship.net/</a>                                                                                        |
| <b>Ortonville Village</b> - <a href="http://www.ortonvilllevillage.com">www.ortonvilllevillage.com</a>                                                                                               |
| <b>Oakland County</b> - <a href="http://www.oakgov.com/index.html">http://www.oakgov.com/index.html</a>                                                                                              |
| <b>Oakland County - Seniors</b> <a href="http://www.oakgov.com/seniors/">http://www.oakgov.com/seniors/</a>                                                                                          |
| <b>OLHSA - Older Adult Services</b><br><a href="http://www.olhsa.org/oak_older_adult_services.asp">http://www.olhsa.org/oak_older_adult_services.asp</a>                                             |
| <b>Michigan State</b> - <a href="http://www.michigan.gov/">http://www.michigan.gov/</a>                                                                                                              |
| <b>Michigan State - Seniors</b> <a href="http://www.michigan.gov/miseniors">http://www.michigan.gov/miseniors</a>                                                                                    |
| <b>Winter Protection Help for Michigan Seniors</b> - <a href="http://www.michigan.gov/miseniors/0,1607,7-234--181901--,00.html">http://www.michigan.gov/miseniors/0,1607,7-234--181901--,00.html</a> |
| <b>Oakland County Veterans Services</b> - <a href="http://www.oakgov.com/veterans/">http://www.oakgov.com/veterans/</a> or call 248.858.0785                                                         |

**Access the Late Bloomers newsletter online at [www.brandontownship.us](http://www.brandontownship.us). Click on the "Senior Center" link.**