

OAKLAND COUNTY HEALTH DIVISION



## How to Reduce the Risk of Getting West Nile Virus

- Drain standing water in your yard. Empty water from mosquito breeding sites, such as flower pots, pet bowls, clogged rain gutters, swimming pool covers, discarded tires, buckets, barrels, cans and similar items in which mosquitoes can lay eggs.
- Minimize activities in areas where mosquitoes are present such as shaded areas.
- Wear long-sleeved shirts and long pants outdoors.
- Use insect repellents. The Centers for Disease Control and Prevention (CDC) recommends the use of insect repellents containing active ingredients registered with the U.S. Environmental Protection Agency (EPA). Two products that are registered with the EPA that have shown a high degree of effectiveness are DEET and Picaridin. Always follow manufacturer's directions carefully, especially when using on children.
- Be careful using repellent on the hands of children because repellents may irritate the eyes and mouth.
- Maintain window and door screening to keep mosquitoes out of buildings.
- Report dead birds, by species when possible, to *Oakland County Health Division's Information Line* at 877-377-3641.

*There is no vaccine for West Nile Encephalitis.  
Personal protection remains the best protection against mosquito-borne disease.*

For more information on West Nile Virus  
contact 1-877-377-3641 or visit [www.oakgov.com/health](http://www.oakgov.com/health)



Department of Health & Human Services

[oakgov.com/health](http://oakgov.com/health)

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